

# Sex, Like Fire

## Let's Talk: Scriptural Sexuality for Health and Life

*An "ice-breaker" reader for Parents and Teens*

Robert W. Miner, MD

**This is a book/program about sex, as a sacred and beautiful yet sometimes dangerous gift from God.**

*Sex, Like Fire* is a book and program primarily for youth in our homes and churches. Our young especially are bombarded and confused with secular beliefs and practices in our increasingly immoral culture. It is written in an interactive youth-friendly **dialog** format. It is an excellent tool for parent-teen talks, and teen small group education. We do not emphasize basic "birds and bees" details on how a child is conceived. Most kids learn this in grade school or hopefully from parents by the 5<sup>th</sup> or 6<sup>th</sup> grade.

Discussions include a wide scope of sub-topics, real-life stories, medical and psychological perspectives, humor, dynamic verse, and **Scriptures**. Strong protective truths, warnings and evidences are shared. But God's mercy and healings are also unfolded, for those already floundering in various sexual sins. Included are resources for counseling and discipling, pages with Discussion Guide Questions, Notes for Leaders/Parents, Recommendations for Further Reading, and an Appendix on Scripture Apologetics, for doubters.



### THE MANUSCRIPT

- Informal dialog format
- 8 Sections
- 29 short chapters
- Approx. 50,000 words
- Medical-psychiatric perspectives
- Publishing expected early in 2023

### TARGET AUDIENCES

- \* Parents of children and teens from ages 10 to 20, who will read this book/program **with their young**.
- \* Small groups in Christian Schools, grades 5 thru 10 or 12
- \* Pre-teen and teens in our churches
- \* Others who would like to get an entertaining summary of Scriptural sexuality from a wholistic body, soul, and spirit perspective

### MARKETING

- ~Pastors/youth leaders
- ~Christian schools
- ~Interactive talks to Christian parents of youth in W Mich.
- ~Interviews with radio talk show hosts
- ~Christian youth organizations
- ~Social media posts

I have studied well over a dozen books on this general topic. Several of these are listed on the Recommendations for Further Reading page. Some have been written by Christian physicians, pastors, and others by Scripturally oriented psychologists. This book/program is different in that it is written from a widely based medical-psychological and Biblical perspective, yet is more informal and **dialog** based, to attract the attention of our youth.

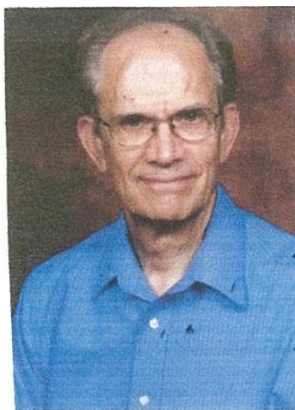
## About the Author

I believe God has qualified me to write to this audience on this subject. I received my medical training at the University of Michigan and my psychiatry and neurology training at the Lafayette Clinic/Wayne State University in Detroit. I have been certified by the American Board of Psychiatry and Neurology, 1979. I have practiced in several settings for a total of 42 years. These include Pine Rest Christian Hospital/Mental Health Services, Hope Network of West Michigan, Psychology Associates of Grand Rapids, and the Veterans Administration in Fort Wayne, Indiana.

I have also studied some conservative Christian theology at the Grand Rapids Baptist Collège/Seminary (now Cornerstone University). I have learned as well from the works of Dr.'s Larry Crabb, Frank Minirth, Gary Chapman, Henry Cloud and John Townsend, among others. My theological consultations have come largely from Barackman's *Practical Christian Theology* (2001) and Rev. James Jeffery, a senior pastor at our Chapel Pointe Church.

I am a Christian psychiatrist-physician, married to a wonderful wife Betty for 52 years, and father of two adopted children. We all reside in the West Michigan area near the 'Big Lake' (Lake Michigan). Betty and I are active members of an evangelical church, Chapel Pointe of Hudsonville, Michigan. I am also a survivor of childhood PTSD traumas, including some sexual abuse. God has granted me Christian counseling, prayers, and wonderful healing and growth thru it all. Those events, and assists, although painful, have enabled me to accomplish 42 years of successfully helping many patients as a 'healing wounded healer'. My work has included many teens, parents, and young adults. This professional work has been done in the strength of the Lord Christ Jesus alone.

I have been challenged by the sexual beliefs, practices and life struggles of our youth, including many in our churches. Now I have felt called to this writing to protect them and bring Biblical reality-truth, healing and blessings into their Christian lives.



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